

Competition Head Coach Report: AGM 2022

After a protracted series of lockdowns, returns and new lockdowns it seems we are now, fingers crossed, back in the pool permanently which is great. It gives the club and the swimmers a routine and the ability to work towards goals, work hard in the majority of cases knowing this time it's for good and for real. Most swimmers have now adjusted to training hard again and that's to their credit, a lot of us struggled for the past couple of years so that's good to see.

As I said last AGM, we had, for the first time qualified 5 home trained swimmers for regionals for the first time in as long as I've been part of the club. This year our swimmers have yet to compete in the counties but despite 3 of the previous 5 having left the squads, we are hopeful to get as many to regionals this year. Let's see what happens over the next 6 weeks and keep working hard.

With counties 1 week away, we have a great crop of swimmers competing and hopefully we can again come away with some medals but more importantly some quality swims where every swimmer gets the most from themselves and their hard work pays off. We then have a packed schedule in March to give as many opportunities as possible for our top swimmers to continue to try and improve to regional level and for all our swimmers to continue on their swimming journey to be as good as they can be.

Away from competition and training the coaching team has continued to develop, we've lost a couple of coaches but now have a dedicated core team who are doing a great job. We also have Richie undertaking his level 2 at the moment which will be a great achievement once he gets it. There can't be many small clubs with 3 level 2 coaches in the team as well as the number of Level 1's we have. It's not for us to rest on our laurels though, we always welcome more people on the journey so anyone who likes the idea of coaching, don't be shy, come forward and we'll help you into it.

I guess lastly, I'd like to thank all the volunteers! The club doesn't function without the back up of committee, judges, team managers etc to support the coaching staff and help us do our jobs to the best of our abilities. There is never enough recognition from parents about these people who step up and keep things going. Thanks.

Andrew

Competition Head Coach