



Buxton Swimming Club

East Midlands Regional Championships 2011 Age Groups

Name	Event	Time Achieved	PB?	National
Abbie Wood	200 BR	02:41.81	-0.19	-13.43
	200 Br FINAL	02:43.45	1.64	-11.79
	100 Fly	01:12.16	1.71	0.99
	200 IM	02:32.39	0.44	-2.98
	200 IM FINAL	02:31.51	-0.44	-3.86
	200 BK	02:37.58	-10.91	3.05
	400 Fr	04:48.14	-6.00	1.60
	100 Br	01:21.18	1.64	-0.52
	400 IM	05:19.45	5.34	-8.73
	800 Fr	09:49.89	YES	-1.29
	200 Fr	02:21.01	4.34	4.25

!! 5 PB's !! **!! 5 National QT's !!** **! Total of 8 NQT's !**

Helen Thornhill	100 Bk	01:19.88	-6.95	4.00
	200 Bk	02:49.57	-14.16	8.01

!! 2 PB's !!